



## WRESTLING CANADA LUTTE

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**Cc:** Guelph Mercury ([tsaxon@guelphmercury.com](mailto:tsaxon@guelphmercury.com))  
Guelph Tribune ([nbekavac@guelphtribune.ca](mailto:nbekavac@guelphtribune.ca))

**Subject:** Appointment of new Guelph Strength & Conditioning Coach -  
Doug Pflug

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Wrestling Canada is pleased to announce the appointment of Doug Pflug as the strength and conditioning coach for the national team members and developmental athletes based at the Guelph national training centre.

Doug has over 25 years of experience in the strength and conditioning field and has been the strength and conditioning coach for the Guelph Storm for the past 14 years. During his tenure in this position, Doug has had 44 of his players drafted to the NHL. Wrestling Canada considers Doug to be an important asset in the physical development of our athletes during the next quadrennial and are excited to add him to the Guelph training center Integrated Support Team.

For more information, please contact:

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